BREAKFAST MENU

Bay Breakfast GFA/DFA £16.50
Two pork & leek sausages, four rashers of streaky bacon, two eggs your way, field mushroom, vine on tomato, two hash browns, pot of beans & two slices of sourdough toast

Secret Breakfast GFA/DFA £13.50
Pork & leek sausage, streaky bacon, egg your way, field mushroom, vine on tomato, hash brown, pot of beans & sourdough toast

Garden Breakfast GFA/V £13.50
Sliced avocado, beetroot hummus, field mushroom, vine on tomato, veggie sausage, hash brown, pot of beans & sourdough toast

Welsh Breakfast GFA/DFA £13.75
Laverbread sausage, streaky bacon, fried cockles, egg your way, field mushroom, vine on tomato, hash brown, pot of beans & sourdough toast

Stick Pigs DFA £8.50
Maple glaze & chives

Bacon Brioche GFA/DFA £7.50
Stacked streaky bacon served in a brioche bun

Sausage Brioche DFA £7.50
Pork & leek or laverbread sausage served in a brioche bun

Veggie Sausage Brioche GFA/VOA £7.50
Vegetarian sausage served in a brioche bun

Eggs on toast GFA/DFA £8.50
Poached, scrambled or fried on sourdough

Eggs Benedict GFA/DFA £11.50
Two poached eggs, hollandaise sauce & streaky bacon served on a toasted brioche

Eggs Royale GFA/DFA £13.50
Two poached eggs, hollandaise sauce & smoked salmon served on a toasted brioche

Toast GFA/DFA £3.00
House sourdough served with Welsh butter & jam

Teacake £3.75
Served with Welsh butter & jam

Peanut Butter & Banana Bircher Bowl £8.50
Overnight granola, Greek yogurt, fresh banana, peanut butter & maple syrup

Apple Crumble French Toast VEGGIE £11.50
Custard & maple syrup

Strawberry & Nutella French Toast £11.50
Fresh strawberries & maple syrup

Avocado on Toast DFA/GFA £11.90
Sliced avocado, beetroot hummus, seeds & chilli served on toasted sourdough.

Cheese On Toast £12.50
Caramelised cheese sauce, shredded ham & roasted tomato served on toasted sourdough

Salmon on Toast GFA £12.50
Hot flaked salmon, whipped cream cheese, sun dried tomato, pickled onions & dill served on toasted sourdough

Halloumi on Toast GFA/V £12.50
Crispy halloumi, peri hummus, roasted red peppers & chilli jam served on toasted sourdough

Christmas Pudding French Toast £12.00
Custard & maple syrup

BREAKFAST SIDES
Only to be added to main meals

Beans £2.00	**Bacon** £3.00	**Hash Brown** £3.00	**Avocado** £4.00
Tomatoes £2.00	**Eggs** £3.00	**Halloumi** £4.00	**Cockles** £4.00
Mushrooms £2.00	**Sausage** £3.00	**Smoked Salmon** £4.00	

Please notify our staff of any allergies | V | Vegetarian | V | Vegan | VOA | Vegan option available | GF | Gluten free | GFA | Gluten free available | DF | Dairy free | DFA | Dairy free available

Hot Drink Specials

S'mores Hot Chocolate
Biscoff dip, Biscoff crumb, whipped cream & torched marshmallow
£5.90

French Toast Latte
Vanilla cold foam, cinnamon French toast bite & maple syrup
£5.90

Pumpkin Spiced Chai
Spiced chai latte, pumpkin syrup, whipped cream & cinnamon dust
£5.50

Tiramisu Mocha
Vanilla cold foam, amaretto syrup, lady finger biscuit & cocoa dust
£5.90

THE
SECRET
BEACH BAR & KITCHEN



BREAKFAST

WE ARE CASHLESS | Contactless & card payments only