

# BREAKFAST MENU

## Bay Breakfast GFA/DFA £16.50

Two pork & leek sausages, four rashers of streaky bacon, two eggs your way, field mushroom, vine on tomato, two hash browns, pot of beans & two slices of sourdough toast

## Secret Breakfast GFA/DFA £13.50

Pork & leek sausage, streaky bacon, egg your way, field mushroom, vine on tomato, hash brown, pot of beans & sourdough toast

## Garden Breakfast GFA/V £13.50

Sliced avocado, beetroot hummus, field mushroom, vine on tomato, veggie sausage, hash brown, pot of beans & sourdough toast

## Welsh Breakfast GFA/DFA £13.75

Laverbread sausage, streaky bacon, fried cockles, egg your way, field mushroom, vine on tomato, hash brown, pot of beans & sourdough toast

## Bacon Brioche GFA/DFA £7.50

Stacked streaky bacon served in a brioche bun

## Sausage Brioche DFA £7.50

Pork & leek or laverbread sausage served in a brioche bun

## Veggie Sausage Brioche GFA/VOA £7.50

Vegetarian sausage served in a brioche bun

## Eggs on toast GFA/DFA £8.50

Poached, scrambled or fried on sourdough

## Eggs Benedict GFA/DFA £11.50

Two poached eggs, hollandaise sauce & streaky bacon served on a toasted brioche

## Eggs Royale GFA/DFA £13.50

Two poached eggs, hollandaise sauce & smoked salmon served on a toasted brioche

## Toast GFA/DFA £3.00

House sourdough served with Welsh butter & jam

## Teacake £3.75

Served with Welsh butter & jam

## Peanut Butter & Banana Bircher Bowl £8.50

Overnight granola, Greek yogurt, fresh banana, peanut butter & maple syrup

## Apple Crumble French Toast VEGGIE £11.50

Custard & maple syrup

## Strawberry & Nutella French Toast £11.50

Fresh strawberries & maple syrup

## Avocado on Toast DFA/GFA £11.90

Sliced avocado, beetroot hummus, seeds & chilli served on toasted sourdough.

## Cheese On Toast £12.50

Caramelised cheese sauce, shredded ham & roasted tomato served on toasted sourdough

## Salmon on Toast GFA £12.50

Hot flaked salmon, whipped cream cheese, sun dried tomato, pickled onions & dill served on toasted sourdough

## Halloumi on Toast GFA/V £12.50

Crispy halloumi, peri hummus, roasted red peppers & chilli jam served on toasted sourdough

## BREAKFAST SIDES

Only to be added to main meals

Beans £2.00

Tomatoes £2.00

Mushrooms £2.00

Bacon £3.00

Eggs £3.00

Sausage £3.00

Hash Brown £3.00

Halloumi £4.00

Smoked Salmon £4.00

Avocado £4.00

Cockles £4.00

Please notify our staff of any allergies



| Vegetarian



| Vegan

| VOA | Vegan option available



| GF | Gluten free

| GFA | Gluten free available



| DF | Dairy free



| DFA | Dairy free available

## Autumn Drink Specials

### S'mores Hot Chocolate

Biscoff dip, Biscoff crumb, whipped cream & torched marshmallow  
£5.90

### French Toast Latte

Vanilla cold foam, cinnamon French toast bite & maple syrup  
£5.90

### Pumpkin Spiced Chai

Spiced chai latte, pumpkin syrup, whipped cream & cinnamon dust  
£5.50

### Tiramisu Mocha

Vanilla cold foam, amaretto syrup, lady finger biscuit & cocoa dust  
£5.90



THE  
SECRET  
BEACH BAR & KITCHEN

BREAKFAST

 | **WE ARE CASHLESS** | Contactless & card payments only