

LUNCH

BAR SNACKS

Chilli Crackers

£4.00

Puffed rice with a sweet chilli kick

Nuts

£4.00

Peanuts coated in a light seasoning of salt and black pepper

Antipasti

£4.00

An assortment of Mediterranean olives, garlic & cornichon

Peppers

£4.50

Sweet North African peppers stuffed with cream cheese

SMALL PLATES

Bread & Oils

DFA £5.00

Olive oil & balsamic vinegar

Soup

GFA/DFA/VOA £7.00

Sourdough & salted butter

Mussel & Cockle Popcorn

DFA £8.50

Garlic mayo & fresh lemon

Calamari

DFA £9.00

Garlic mayo & fresh lemon

Salt & Pepper Pork Belly Bites

DFA £8.50

Bbq sauce & sesame

Hot Honey Halloumi

GFA/£ £8.50

Peri hummus & sesame

Samosas

DFA/V £8.00

Mango chutney

Bang Bang Prawns

£9.00

Chilli mayo & spring onion

Buffalo Fried Chicken

£9.00

Ranch & chives

BAGUETTES

Peri Mayo Chicken

GFA/DFA £13.20

Shredded chicken, roast peppers, peri mayo, mixed leaves, raw slaw & fries

Steak & Cheese

GFA £13.50

Beef topside, caramelised red onions, melted cheese, mixed leaves, raw slaw & fries

Fish Finger

GFA/DFA £13.20

Beer battered fish goujons, baby gem lettuce, tartare sauce, raw slaw & fries

Falafel

GFA/V £12.90

Sweet potato falafel, roast peppers, mango chutney, mixed leaves, raw slaw & fries

NACHOS

BBQ Pork

GFA/DFA £9.50

Shredded pork, bbq glaze, spring onion, red chilli & cheese sauce

Peri Chicken

GFA/DFA £9.50

Shredded chicken, peri glaze, spring onion, red chilli & cheese sauce

Cheese & Bacon

GFA £9.00

Crispy bacon, spring onion, red chilli & cheese sauce

ON TOAST

Avocado on Toast

DFA/GFA £11.90

Sliced avocado, beetroot hummus, seeds & chilli served on toasted sourdough.

Cheese On Toast

£12.50

Caramelised cheese sauce, shredded ham & roasted tomato served on toasted sourdough

Salmon on Toast

GFA £12.50

Hot flaked salmon, whipped cream cheese, sun dried tomato, pickled onions & dill served on toasted sourdough

Halloumi on Toast

GFA/£ £12.50

Crispy halloumi, peri hummus, roasted red peppers & chilli jam served on toasted sourdough

MAINS

Steak Frites

GFA/DFA £21.50

7oz flat iron steak cooked pink or well done, served with peppercorn sauce, fries & side Salad

Butter Chicken Curry

£17.50

Homemade butter chicken curry served with rice, fries & mango chutney

Fish & Chips

GFA/DFA £18.90

Beer battered fish, homemade pea puree, tartare sauce & fries

Grilled Chicken

GFA/DFA £17.50

Skin on butterfly chicken breast, raw slaw, sweetcorn salsa, chilli mayo & fries

Grilled Chicken Caesar

GFA/DFA £16.50

Skin on butterfly chicken breast, baby gem lettuce, pickled red onion, sourdough croutons, parmesan & Caesar dressing

Crab & Nduja Linguine

DFA £16.50

Fresh white crab, spicy nduja, roasted peppers, butter sauce & fresh parsley

Cawl

GFA/DFA £14.50

Welsh Lamb stew served with toasted focaccia & Welsh butter

Stuffed Mushrooms

GFA/VOA £15.50

Roasted flat mushrooms, cherry tomato & herb crumb served with peppercorn sauce, fries & side salad

BURGERS

Beef Burger

GFA/DFA £16.90

6oz beef burger, cheddar cheese, streaky bacon, baby gem lettuce, pickles, tomato, raw slaw & fries

Minted Lamb Burger

DFA £16.90

6oz lamb burger, garlic mayo, baby gem lettuce, pickles, tomato, raw slaw & fries

Chicken Parmigiana

GFA £16.90

Breaded chicken, melted mozzarella, pesto mayo, chilli jam, baby gem lettuce, tomato, raw slaw & fries

Oumph Vegan Burger

GFA/V £16.90

Vegan quarter pounder, baby gem lettuce, pickles, tomato, raw slaw & fries

Halloumi Burger

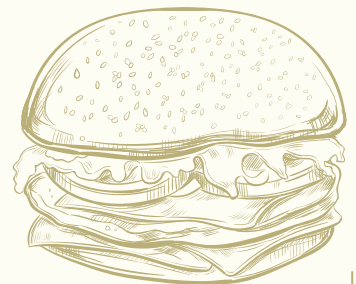
GFA/£ £16.90

Grilled halloumi, chilli mayo, baby gem lettuce, pickles, tomato, raw slaw & fries

BBQ Pork

GFA/DFA £17.90

6oz beef burger, shredded bbq pork, baby gem lettuce, pickles, tomato, raw slaw & fries



SIDES

Fries £3.00

Raw Slaw £3.00

Garlic Bread £3.00

Peppercorn Sauce £3.00

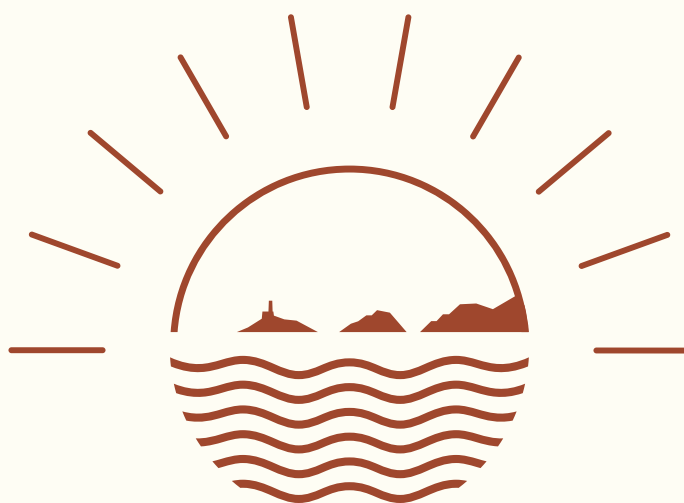
Side Salad £3.00

Cheesy Garlic Bread £4.00

Parmesan Truffle Fries £4.00

Sweet Potato Fries £4.00

Seasonal Greens £4.00



THE
SECRET
BEACH BAR & KITCHEN

LUNCH

 | **WE ARE CASHLESS** | Contactless & card payments only