

# BREAKFAST MENU



## Bay Breakfast GFA/DFA £15.90

Two pork & leek sausages, four rashers of streaky bacon, two eggs your way, field mushroom, vine on tomato, two hash browns, pot of beans & two slices of sourdough toast

## Secret Breakfast GFA/DFA £12.90

Pork & leek sausage, streaky bacon, egg your way, field mushroom, vine on tomato, hash brown, pot of beans & sourdough toast

## Garden Breakfast GFA/V £12.90

Sliced avocado, beetroot hummus, field mushroom, vine on tomato, veggie sausage, hash brown, pot of beans & sourdough toast

## Welsh Breakfast GFA/DFA £12.90 ✨

Laverbread sausage, streaky bacon, fried cockles, egg your way, field mushroom, vine on tomato, hash brown, pot of beans & sourdough toast

## Bacon Brioche GFA/DFA £7.50

Stacked streaky bacon served in a brioche bun

## Sausage Brioche DFA £7.50

Pork & leek or laverbread sausage served in a brioche bun

## Veggie Sausage Brioche GFA/VOA £7.50

Vegetarian sausage served in a brioche bun

## Eggs Benedict GFA/DFA £10.50

Two poached eggs, hollandaise sauce & streaky bacon served on a toasted brioche

## Eggs Royale GFA/DFA £12.50

Two poached eggs, hollandaise sauce & smoked salmon served on toasted brioche

## Eggs on Toast GFA/DFA £7.50

Poached, scrambled or fried on sourdough

## Toast GFA/DFA £3.00

House sourdough served with Welsh butter & jam

## Teacake £3.75

Served with Welsh butter & jam

## Toffee & Dark Chocolate Bircher Bowl £9.50

Overnight granola, toffee yogurt, banana, grated dark chocolate & maple syrup

## Yogurt & Granola Brioche

## French Toast 🍓 £10.50

Fresh berries & maple syrup

## Strawberry & Nutella French Toast £11.50

Fresh strawberries & maple syrup

## Avocado on Toast DFA/GFA £11.90

Sliced avocado, beetroot hummus, seeds & chilli served on toasted sourdough

## Welsh Rarebit on Toast £12.50

Caramelised rarebit, roasted cherry tomatoes & green herb drizzle served on toasted sourdough

## Salmon on Toast GFA £12.50

Hot flaked salmon, lemon cream cheese, pickled beetroot, capers & dill served on toasted sourdough

## Halloumi on Toast GFA/🍓 £12.50

Crispy halloumi, peri hummus, roasted red peppers & chilli jam served on toasted sourdough

## Specials

## Acai Bowl DFA/GFA/🍓 £10.50

Acai berry smoothie, crunchy granola, fresh berries & chia seeds

## BREAKFAST SIDES

Only to be added to main meals

Beans £2.00

Tomatoes £2.00

Mushrooms £2.00

Bacon £3.00

Eggs £3.00

Sausage £3.00

Hash Brown £3.00

Halloumi £4.00

Smoked Salmon £4.00

Avocado £4.00

Cockles £4.00



**BREAKFAST  
MENU**



THE  
SECRET  
BEACH BAR & KITCHEN

 | **WE ARE CASHLESS** | Contactless & card payments only