

LUNCH MENU

APPETISERS

OLIVES £4.00

Pitted green olives tossed in lemon-infused olive oil, black pepper & thyme

NUTS £4.00

Cashew nuts drizzled with blossom honey & chilli

CROSTINI £4.00

Olive oil wheat crackers tossed in rosemary & sea salt

PEPPERS £4.50

Sweet North African peppers stuffed with cream cheese

SMALL PLATES

MUSSEL & COCKLE POPCORN DFA £8.50

Garlic mayo & fresh lemon

HOT HONEY CHICKEN WINGS £8.50

Spring onion & sesame

PIRI PIRI CHICKEN SKEWERS GFA/DFA £9.50

Raw slaw & chilli mayo

CRAB HUSHPUPIES £9.00 ✨

Sweetcorn salsa & chilli mayo

CALAMARI DFA £9.00

Garlic mayo & fresh lemon

HOT HONEY HALLOUMI GFA/🍷 £8.50

Peri hummus & sesame

PORK BELLY BITES £8.50

Teriyaki & sesame

SALT & PEPPER PRAWNS £8.50

Fried peppers & Lime

ON TOAST

AVOCADO ON TOAST GFA/DFA £11.50

Sliced avocado, beetroot hummus, seeds & chilli served on toasted sourdough

CRAB ON TOAST GFA/DFA £12.50

White crab, baby gem lettuce, shaved fennel, guacamole & chilli flakes served on toasted sourdough

SALMON ON TOAST GFA £12.50

Hot flaked salmon, lemon cream cheese, fresh cucumber & green herb drizzle served on toasted sourdough

HALLOUMI ON TOAST GFA/🍷 £12.50

Crispy halloumi, peri hummus, roasted red peppers & chilli jam served on toasted sourdough

BAGUETTES

PERI MAYO CHICKEN GFA/DFA £12.90 ✨

Shredded chicken, roast peppers, peri mayo, mixed leaves, raw slaw & fries

HAM HOCK, CHEESE & CHILLI JAM GFA £12.90

Pulled ham hock, grated cheddar cheese, chilli jam, mixed leaves & fries

FISH FINGER BAGUETTE GFA/DFA £12.90

Baby gem lettuce, tartare sauce, raw slaw & fries

FALAFEL GFA/🌱 £12.90

Sweet potato falafel, roast peppers, mango chutney, mixed leaves, raw slaw & fries

SALADS

GRILLED CHICKEN CAESAR GFA/DFA £16.50

Skin on butterfly chicken breast, baby gem lettuce, pickled red onion, sourdough croutons, parmesan & Caesar dressing.

BURRATA GFA £17.50 ✨

Mixed baby leaves, fresh sliced peach, cherry tomatoes, cucumber & sourdough croutons with balsamic dressing & crispy shallots

SEA BASS DFA £19.50

Barley, cucumber & red onion salad with shaved fennel, baby gem lettuce & a lemon, mint & honey dressing

MAINS

THE SECRET STEAK FRITES GFA/DFA £21.50 ✨

8oz flat iron steak cooked pink or well done, served with peppercorn sauce, fries & side salad

SURF & TURF GFA/DFA £24.50

8oz flat iron steak cooked pink or well done, garlic butter king prawns, served with fries & side salad

HAM HOCK, PEA & MINT LINGUINE £16.50

Pulled ham hock, garden peas with a crème fraîche, garlic & white wine sauce topped with fresh mint

TERIYAKI PORK NASI GORENG DFA £17.90

Grilled pork belly, fried rice, mixed peppers, spring onion, fresh chilli & crispy shallots

FISH & CHIPS GFA/DFA £18.90 ✨

Beer battered fish, homemade pea puree, tartare sauce & fries

GRILLED CHICKEN GFA/DFA £17.50

Skin on butterfly chicken breast, raw slaw, sweetcorn salsa, chilli mayo & fries

TERIYAKI COURGETTE NASI GORENG DFA £16.90

Grilled courgette, fried rice, mixed peppers, spring onion, fresh chilli & crispy shallots

BURGERS

BEEF BURGER GFA/DFA £16.90

6oz beef burger, cheddar cheese, streaky bacon, baby gem lettuce, pickles, tomato, raw slaw & fries

MINTED LAMB BURGER DFA £16.90

6oz lamb burger, garlic mayo, baby gem lettuce, pickles, tomato, raw slaw & fries

OUMPH VEGAN BURGER GFA/🌱 £16.90

Vegan quarter pounder, baby gem lettuce, pickles, tomato, raw slaw & fries

CHICKEN PARMIGIANA GFA £16.90

Breaded chicken, melted mozzarella, pesto mayo, chilli jam, baby gem lettuce, tomato, raw slaw & fries

HALLOUMI BURGER GFA/🍷 £16.90

Grilled Halloumi, chilli mayo, baby gem lettuce, tomato, raw slaw & fries

SIDES

FRIES | RAW SLAW | GARLIC BREAD | PEPPERCORN SAUCE | SIDE SALAD £3.00

CHEESY GARLIC BREAD | PARMESAN TRUFFLE FRIES | SWEET POTATO FRIES | SEASONAL GREENS £4.00

✨ | Secret Classic | Dishes with this symbol come highly recommended

Please notify our staff of any allergies 🍷 | Vegetarian 🌱 | Vegan VOA | Vegan option available GF | Gluten free GFA | Gluten free available DF | Dairy free DFA | Dairy free available



**LUNCH
MENU**



THE
SECRET
BEACH BAR & KITCHEN

 | **WE ARE CASHLESS** | Contactless & card payments only