

APPETISERS

ANTIPASTI £4.50

Pitted olives, cornichons, sweet red peppers, garlic & sundried tomatoes

CROSTINI £4.00

Olive oil wheat crackers tossed in rosemary & sea salt

NUTS £4.00

Cashew nuts drizzled with blossom honey & chilli

OLIVES £4.00

Pitted green olives tossed in lemon-infused olive oil, black pepper & thyme

PEPPERS £4.50

Sweet North African peppers stuffed with cream cheese

PICOS DE PAN £3.50

Andalusian toasted mini breadsticks made with extra virgin olive oil

ON TOAST

AVOCADO ON TOAST GFA/DFA £9.50

Sliced avocado, beetroot hummus, seeds & chilli served on toasted sourdough

SALMON ON TOAST GFA £10.50

Hot flaked salmon, lemon cream cheese, smacked cucumbers & green herb drizzle served on toasted sourdough

HALLOUMI ON TOAST GFA/🌱 £10.50

Peri hummus, roasted red peppers & chilli jam served on toasted sourdough

SMALL PLATES

MUSSEL & COCKLE POPCORN DFA £6.00

Garlic mayo & fresh lemon

CRISPY CHICKEN WINGS £7.50

Buffalo sauce & ranch

LAMB KOFTA FLATBREAD DFA £8.00

Tzatziki & pickled red onions

CALAMARI DFA £8.50

Garlic mayo & fresh lemon

TERIYAKI DUCK BAO BUNS £9.00

Smacked cucumber & sesame

PANKO PRAWNS DFA £8.50

Sweetcorn salsa, chilli mayo & lime

JACKFRUIT BAO BUNS 🌱 £8.50

Pickled red onion & sesame

SWEET POTATO BRAVAS GFA/DFA £6.00

Cajun sauce & sweetcorn salsa

SIDES

Fries, Raw Slaw, Garlic Bread,
Peppercorn Sauce, Side Salad | £3.00

Cheesy Garlic Bread, Parmesan Truffle Fries,
Sweet Potato Fries, Seasonal Greens | £4.00

BAGUETTES

PERI MAYO CHICKEN GFA/DFA £12.00

Shredded chicken, roast peppers, peri mayo, mixed leaves, raw slaw & fries

BACON, LETTUCE & TOMATO GFA/DFA £12.00

Crispy bacon, beef tomato, baby gem lettuce, raw slaw & fries

FISH FINGER BAGUETTE £13.50

Baby gem lettuce, tartare sauce, raw slaw & fries

FALAFEL 🌱/GFA £12.00

Sweet potato Falafel, roast peppers, mango chutney, mixed leaves, raw slaw & fries

BURGERS

BEEF BURGER GFA/DFA £15.50

5oz beef burger, cheddar cheese, streaky bacon, baby gem lettuce, pickles, tomato, raw slaw & fries

NOT FISH BURGER 🌱/GFA £15.00

Curry spiced battered tofu, chilli mayo, baby gem lettuce, pickles, tomato, raw slaw & fries

CHICKEN PARMIGIANA GFA £16.50

Breaded chicken, melted mozzarella, pesto mayo, chilli jam, baby gem lettuce, tomato, raw slaw & fries

HALLOUMI BURGER 🌱/GFA £14.50

Grilled halloumi, chili mayo, baby gem lettuce, tomato, raw slaw & fries

MAINS

STEAK FRITES GFA/DFA £18.50

7oz flat iron steak cooked pink or well done, served with peppercorn sauce, skinny fries & side salad

STEAK SALAD DFA £16.50

Flat iron cooked pink or well done, smacked cucumber, roasted red peppers, azuki beans & black rice with a honey, soy & sesame dressing

FISH & CHIPS GFA/DFA £17.50

Beer battered fish, homemade pea puree, tartare sauce & fries

GRILLED SALMON GFA/DFA £18.50

Barbecued salmon steak, seasonal greens & sauteed sweet potato with a green herb sauce

GRILLED CHICKEN GFA/DFA £16.50

Skin on butterfly chicken breast with sweetcorn salsa, chilli mayo, raw slaw & fries

SPICY PRAWN LINGUINE DFA £16.50

Freshwater prawns, roasted red peppers & dill in a cream & gochujang sauce

PAN FRIED SEABASS DF £17.50

Seabass fillet with mussel, chorizo, pea & roast pepper Spanish rice

CAJUN CHICKEN SALAD £15.50

Breaded Chicken, smacked cucumber, cherry tomato, baby gem lettuce & sourdough croutons with a Cajun dressing & pickled red onion

GRILLED BUTTERNUT SQUASH 🌱/GFA £13.50

Raw slaw, chilli mayo, sweetcorn salsa & fries



THE
SECRET
BEACH BAR & KITCHEN

LUNCH MENU