



DRINKS

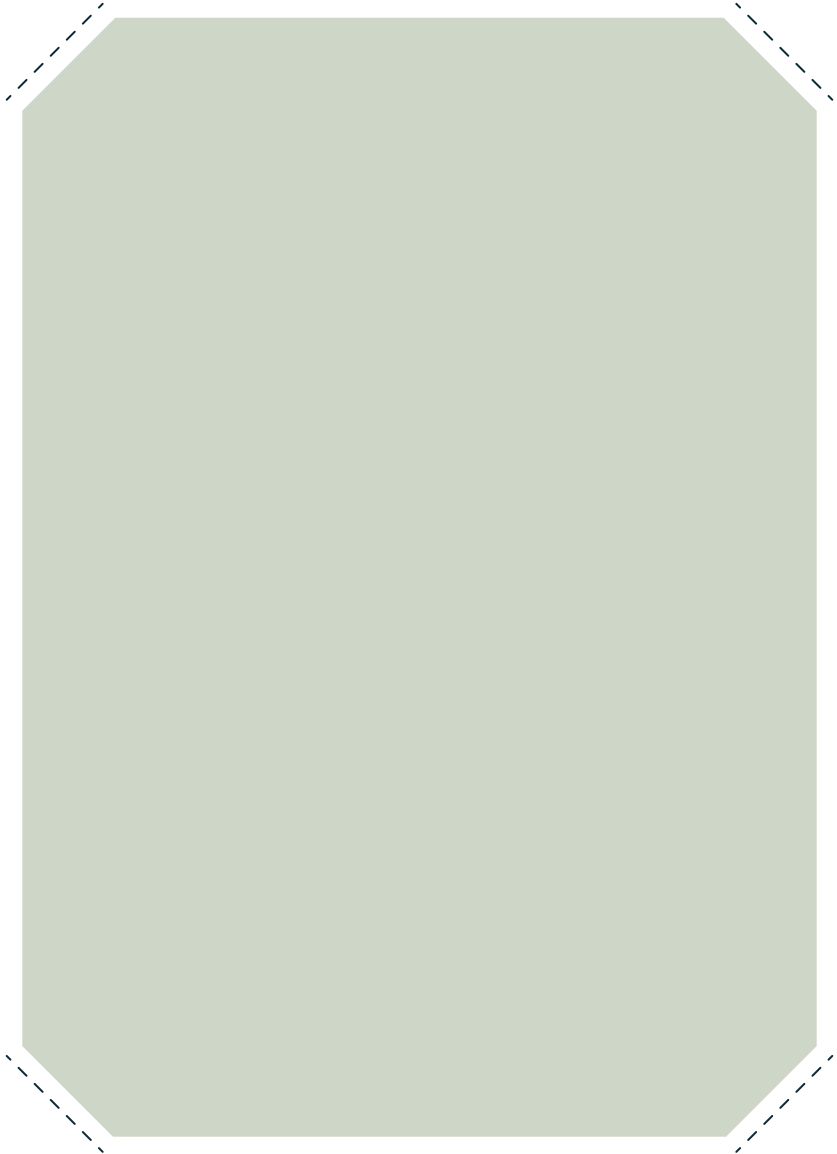
MENU





OUR STAFF FAVOURITES

We have something for everyone here at The Secret Beach Bar & Kitchen.
This is what our team is in love with this month...



FOR THE TABLE

Antipasti | 4.5

Pitted olives, cornichons, sweet red peppers, garlic & sundried tomatoes

Crostini | 4

Olive oil wheat crackers tossed in rosemary & sea salt

Nuts | 4

Cashew nuts drizzled with blossom honey & chilli

Olives | 4

Pitted green olives tossed in lemon-infused olive oil, black pepper & thyme

Peppers | 4.5

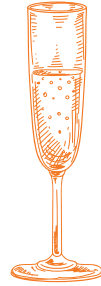
Sweet North African peppers stuffed with cream cheese

Picos de Pan | 3.5

Andalusian toasted mini breadsticks made with extra virgin olive oil



SPRITZ



Aperol | 8.5

Aperol, Prosecco, Soda, Orange

Capri | 8.5

Limoncello di Capri, Prosecco, Soda, Lemon

Coastal | AF | 7.5

Pentire Coastal Aperitif, Scavi & Ray Non-Alc. Sparkling Wine, Soda, Orange

Garden | 8.5

FAIR Elderflower Liqueur, Homemade Cucumber & Mint Cordial, Prosecco, Soda

Grapefruit & Hibiscus | 8.5

The Aperitivo! Co. Venice Aperitivo, Prosecco, Soda, Pink Grapefruit

Mimosa | 7.5

Prosecco with freshly squeezed orange juice

Pampelle | 8.5

Pampelle Ruby Red Grapefruit Aperitif, Prosecco, Soda, Pink Grapefruit

Sangria | 8.5

Our 'secret' Sangria mix, Red Wine & Lemonade

Tropical | 8.5

Aluna Coconut, Peach & Pomelo Liqueur, Prosecco, Soda, Orange

If you require a straw with your drink, please don't hesitate to ask your server when you order. As part of our continued efforts to operate in a more sustainable manner, we will only add straws into drinks that absolutely need them.

COCKTAIL

Pretty in Pinc | 9.5

AU Pink Lemonade, Limoncello di Capri, Lemon, Raspberry, Pomegranate, Pineapple

Sofa King Picante | 🌶️ | 9.5

Los Arcos Destilado de Agave, Strawberry & Scotch Bonnet-infused Aperol, FAIR Kumquat Liqueur, Blood Orange, Lime, Chilli Salt Rim

Hubba Hubba Bubba | AF | 7.5

Lyre's Amaretti, Bubblegum, Bitters, Raspberry, Lemon, Foam

Morango Azedo | 9.5

East London Liquor Co. Rum, Velho Barreiro Silver Cachaça, House Strawberry, Balsamic & Basil Syrup, Lime

Rose Garden | 9.5

Glendalough Wild Rose Gin, The Aperitivo! Co. Dry Vermouth, Raspberry, Pomegranate

Dove Tail | AF | 7.5

Almave Ámbar 0% Agave Spirit, Pink Grapefruit, Agave

Sunset Punch #2 | 9.5

Rum blend, Falernum, Bitters, Coconut, Lime, Passionfruit, Peach, Pineapple, Pomelo



BEER & CIDER

FROM THE TAP | Pint

Asahi Super Dry | 5.2% | 6.3

Japan

Cornish Orchards Golden Cider | 4.5% | 5.9

Liskeard, Cornwall

Kona Brewing Co. "Big Wave" Golden Ale | 4.4% | 6.4

USA

Meantime Brewing Co. "Prime Pale" Ale | 4.3% | 5.9

Greenwich, London

Peroni Nastro Azzurro | 5.0% | 6.4

Italy

Rotating Tap | POA

Ask your server what we're pouring today

FROM THE FRIDGE

Cornish Orchards Cherry & Blackberry | 4.0% | 500ml | 5.8

Cornish Orchards Raspberry & Elderflower | 4.0% | 500ml | 5.8

Peroni Nastro Azzurro 0.0% | 0.0% | 330ml | 4

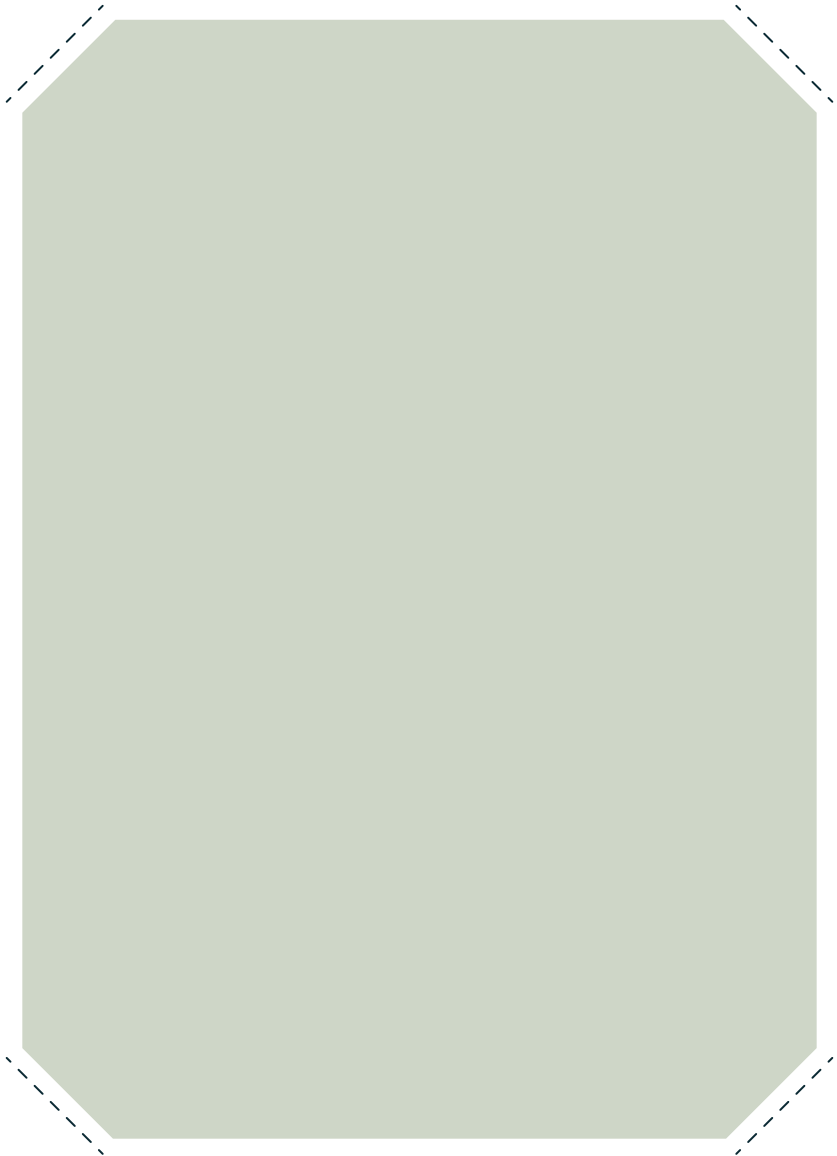
Peroni Nastro Azzurro "Capri" | 4.2% | 330ml | 4.8

Peroni Nastro Azzurro Gluten Free | 5.1% | 330ml | 4.8



GUEST BEER & CIDER

We have something for everyone here at The Secret Beach Bar & Kitchen.
This is what our team is in love with this month...





SPARKLING



BY THE GLASS

- NV **Prosecco, Vino Pomona** | 7.5
Veneto, Italy
- NV **Non-Alcoholic Sparkling, Scavi & Ray** | 6
Veneto, Italy

BY THE BOTTLE

- NV **Champagne Brut Réserve, Taittinger** | 75
Champagne, France
- NV **Crémant de Limoux, Château Martinolles** | 36
Languedoc, France
- NV **Franciacorta Brut, Ferghettina Miledi** | 62
Lombardy, Italy
- NV **Non-Alcoholic Sparkling, Scavi & Ray** | 21
Veneto, Italy
- NV **Pet-Nat Red, Ancre Hill Estates** | 41
Monmouthshire, Wales
- NV **Prosecco, Vino Pomona** | 27
Veneto, Italy

ROSÉ

BY THE GLASS | 175ml | 250ml

- 2022 **Pinot Grigio Rosé, Mirabello** | 7 | 8.5
Lombardy, Italy
- 2020 **Zinfandel Rosé, Wildwood** | 7 | 8.5
California, USA

ROSÉ & ORANGE - BY THE BOTTLE

- 2022 **Orange, "Solara"** | 36
Recaş, Romania
- 2022 **Pinot Grigio Rosé, Mirabello** | 23
Lombardy, Italy
- 2021 **Provence Rosé, Château Pas du Cerf** | 49
Provence, France
- 2022 **Terras Lusas Rosé, Adega de Redondo** | 30
Alentejo, Portugal
- 2020 **Zinfandel Rosé, Wildwood** | 23
California, USA

WHITE



BY THE GLASS | 175ml | 250ml

- 2022 **Chenin Blanc, "Running Duck"** | 8.5 | 10
Western Cape, South Africa
- 2022 **Pinot Grigio, Mirabello** | 7 | 8.5
Veneto, Italy
- 2022 **Sauvignon Blanc, Matinal** | 7 | 8.5
Central Valley, Chile
- 2022 **Sauvignon Blanc, Southern Lights** | 10.5 | 12
Marlborough, New Zealand
- NV **White Field Blend, Primordial Soup** | 6 | 7.5
Western Cape, South Africa

BY THE BOTTLE

- 2023 **Albariño, "Viña Salort"** | 35
Canelones, Uruguay
- 2022 **Chardonnay, "Cuvée Secrète"** | 33
Languedoc, France
- 2022 **Chenin Blanc, "Running Duck"** | 26
Western Cape, South Africa
- 2022 **Gavi, Il Forte** | 40
Piedmont, Italy
- 2021 **Gros Manseng, "Uva Non Grata"** | 30
South West France
- 2022 **Muscadet, Domaine de la Combe** | 37
Loire Valley, France
- 2022 **Pinot Grigio, Mirabello** | 23
Veneto, Italy
- 2022 **Pouilly-Fumé, "L'Ammonite"** | 49
Loire Valley, France
- 2022 **Rioja Blanco, "Gatito Loco"** | 35
Rioja, Spain
- 2022 **Sauvignon Blanc, Matinal** | 23
Central Valley, Chile
- 2022 **Sauvignon Blanc, Southern Lights** | 30
Marlborough, New Zealand
- 2022 **Vinho Verde, Casa de Vila Nova** | 27
Sousa, Portugal
- NV **White Field Blend, Primordial Soup** | 21
Western Cape, South Africa

RED




BY THE GLASS | 175ml | 250ml

- 2023 **Malbec, "Despacito"** | 9 | 10.5
Mendoza, Argentina
- 2021 **Merlot, Matinal** | 7 | 8.5
Central Valley, Chile
- 2022 **Pinot Noir, Călușari** | 9 | 10.5
Recaș, Romania
- NV **Red Field Blend, Primordial Soup** | 6 | 7.5
Western Cape, South Africa
- 2022 **Rioja Tempranillo, Vega del Rayo** | 8.5 | 10
Rioja, Spain

BY THE BOTTLE

- 2021 **Cabernet Sauvignon, "The Pugilist"** | 36
South Australia
- 2021 **Douro, "Smiling Donkey"** | 32
Douro Valley, Portugal
- 2021 **Frappato, Santa Tresa** | 40
Sicily, Italy • best served lightly chilled
- 2023 **Malbec, "Despacito"** | 27
Mendoza, Argentina
- 2021 **Merlot, Matinal** | 23
Central Valley, Chile
- 2022 **Pinot Noir, Călușari** | 27
Recaș, Romania
- 2022 **Primitivo, Bella Modella** | 29
Puglia, Italy
- NV **Red Field Blend, Primordial Soup** | 21
Western Cape, South Africa
- 2018 **Rioja Reserva, Marqués de Riscal** | 49
Rioja, Spain
- 2022 **Rioja Tempranillo, Vega del Rayo** | 26
Rioja, Spain
- 2022 **Shiraz, "A Grower's Touch"** | 32
New South Wales, Australia
- 2022 **Zweigelt, "The Dot"** | 40
Lower Austria

GIN | 50ml

 **Brecon Botanicals** | 7.5
Heavy on citrus & juniper, pair with Navas Original Tonic & orange

East London Liquor Co. | 7
Floral with a hint of spice, pair with Navas Light Tonic & pink grapefruit

East London Liquor Co. x Kew Gardens | 8
There's no booze without bugs. Using Douglas fir & lavender hand-harvested by the head botanist at Kew Gardens, 10% of all sales go back into supporting 260 years of science and 16,000 species of plants. We like this with Navas Original Tonic & orange, but try it with Navas Ginger Ale if you want to switch it up

Glendalough Wild Rose | 8
Intensely bright & floral, pair with Navas Light Tonic & dried blood orange

 **GWYR** | 8.5
Deliciously earthy & savoury, pair with Navas Garden Tonic & pink grapefruit

Hendrick's | 8
Outrageously floral & fresh, pair with Navas Original Tonic & cucumber

 **Hensol Castle Blood Orange Zest** | 7.5
Bright & citrus-forward, pair with Navas Original Tonic & dried blood orange

 **Hensol Castle Wild Strawberry & Hibiscus** | 7.5
Sweet & fruity, pair with Navas Ginger Ale & sliced strawberries

 **Ivy's** | 7.5
Herbaceous & citrus-forward, pair with Navas Garden Tonic & lemon

Mermaid | 9
Juniper-forward with notes of citrus, pair with Navas Original Tonic & orange

Mermaid Pink | 9
Sweet & floral, pair with Navas Light Tonic & fresh strawberries

Mermaid Zest | 9
Zesty & herbaceous, pair with Navas Original Tonic, pink grapefruit & lime

NAVAS PREMIUM BOTANICAL MIXERS x THE SECRET

Navas was conceived over a gin & tonic in a quaint fishing village in the south of Cornwall. Developed with the goal of creating a premium mixer that is as carefully considered as the spirit itself, Navas take sustainability as seriously as they do product development. Remaining responsible and forward-thinking, Navas is proudly partnered with the Eden Project, donating a percentage of every sale directly to the project and its mission. We are proud to pair our spirits with a brand whose views align so closely with ours.

SPIRITS

AGAVE | 50ml

Los Arcos Destilado de Agave | 7.5
La Travesía 'Mezcal' Destilado de Agave | 8
VIVIR Café Tequila | 7.5

CALVADOS & COGNAC | 50ml

Avallen Calvados | 8
Louis Royer VS | 7.5
Louis Royer VSOP | 8.5

GIN | 50ml

Brecon Botanicals | 7.5
East London Liquor Co. | 7
East London Liquor Co. x Kew Gardens | 8
Glendalough Wild Rose | 8
GŴYR | 8.5
Hendrick's | 8
Hensol Castle Blood Orange Zest | 7.5
Hensol Castle Strawberry & Hibiscus | 7.5
Ivy's | 7.5
Mermaid | 9
Mermaid Pink | 9
Mermaid Zest | 9

FREE-FROM | 50ml

Almave Ámbar Agave Spirit | 6
Caleño Dark & Spicy | 6
Caleño Light & Zesty | 6
Lyre's Amaretti | 6

RUM | 50ml

Aluna Coconut | 7.5
Barti Spiced | 7.5
Bullion Spiced | 7.5
Discarded Banana Peel | 7.5
East London Liquor Co. | 7
East London Liquor Co. 'Rarer' | 7.5
Mermaid Spiced | 9
Mimosa Rwm Espiritu | 7.5
Plantation Gran Añejo | 8
Plantation Isle of Fiji | 8
Plantation XO 20th Anniversary | 8.5
Wray & Nephew | 7.5

VODKA | 50ml

AU Original | 7
AU Cosmic Berries | 7.5
AU Pineapple Crush | 7.5
AU Pink Lemonade | 7.5
Brecon 'Five' | 7.5

WHISK(E)Y | 50ml

Abasolo | Mexico | 8
Bearface Triple Oak | Canada | 7.5
Glendalough Double Barrel | Ireland | 8
Penderyn Portwood | Wales | 9.5
Penderyn Rich Oak | Wales | 8.5
Penderyn Sherrywood | Wales | 8.5
Old Forester Bourbon | USA | 7

Original Tonic 2.5

Wonderfully crisp, with an abundance of citrus with floral neroli & aromatic bergamot

Light Tonic 2.5

Exceptionally crisp & dry with reduced sugar. Citrus and woody notes with bitterness

Garden Tonic 2.5

Aromas of pine, citrus, wood with herbaceous notes of rosemary & thyme

Fiery Ginger Beer 2.5

Vibrant & fresh Nigerian ginger, blended with fresh-pressed Cornish apple juice

Dry Ginger Ale 2.5

Aromatic & warming spice from Nigerian ginger, blended with sharp Tahitian lime.

SOFT DRINKS

Freshly Squeezed Orange Juice | 4.5

Other Fruit Juices / ask your server for today's selection | 2.5 / 3.5

Pepsi | 2.6 / 3.7

Pepsi Max | 2.5 / 3.5

Diet Pepsi | 2.5 / 3.5

Diet Lemonade | 2.5 / 3.5

Orange Crush | 2.5 / 3.5

Firefly Kiwi, Lime & Mint | 3.5

Firefly Pomegranate & Elderflower | 3.5

Punchy Blood Orange, Bitters & Cardamom | 3.5

Punchy Cucumber, Yuzu & Rosemary | 3.5

Punchy Peach, Ginger & Chai | 3.5

Navas Mixers | 2.5

Ginger Ale; Ginger Beer; Original Tonic; Light Tonic; Garden Tonic

Red Bull | 3.5

Original; Sugar-Free; Tropical

Tau Mineral Water | 2.5 / 4.0

Still; Sparkling



COFFEE & FRIENDS

Double Espresso | 3

Long Black | 3.2

Cappuccino | 3.5

Flat White | 3.5

Latte | 3.5

Mocha | 3.7

Hot Chocolate / White Hot Chocolate | 3.5

Deluxe Hot Chocolate | 4

Beetroot Latte | 4

Chai Latte | 4

Matcha Latte | 4

Turmeric Latte | 4

GOOD & PROPER TEA

Breakfast Brew | 3

Chamomile | 3

Earl Grey | 3

Green | 3

Hibiscus | 3

Lemongrass | 3

Peppermint | 3

Rooibos (Caffeine-Free) | 3

OVER ICE

Iced Coffee | 3.5

Iced Mocha | 3.7

Iced Beetroot | 4

Iced Chai | 4

Iced Matcha | 4

Iced Turmeric | 4

Iced Cooler | 3.2

Dragon Fruit & Mango

Strawberry, Basil & Cucumber

Iced Tea | 3.2

Passionfruit & Lemon

Peach

ADD:

Extra Shot | 0.5

Whipped Cream | 0.5

Marshmallows | 0.5

Make it Decaf | 0.5

Flavoured Syrup | 0.5

Flavoured Sugar Free Syrup | 0.5

Coconut Milk (GF) | 0.5

Oatly Oat Milk | 0.5

We are delighted to partner & collaborate with Ammanford-based Coaltown Coffee Roasters for our exclusive house-blend coffee. Ammanford is a post-industrial community twenty miles north of Swansea – a town in which anthracite coal (black gold) fuelled the local economy. When the last of the collieries closed in 2003, the town lost its purpose. Coaltown's ambition was to bring a new industry, a new purpose, a new black gold to the town – in the form of artisan coffee. Our exclusive house blend is grown in the Cerrado region of central Brazil – a vast savannah with optimal land management and fertilization techniques. Our bossa nova blend of Mondo Novo & Catuai has a medium-body, flavours of cinder toffee and milk chocolate. Want to take it home with you? You can purchase a 200g whole bean bag for £12.50 – simply ask your server.





THE
SECRET
BEACH BAR & KITCHEN



CYMRU AM BYTH

We work hard to source the finest products & ingredients from across South Wales. We are proud to support fellow artisan suppliers, independent businesses & breweries, including Coaltown Coffee Roasters, Penderyn Distillery, Tiny Rebel Brewing Co., Gower Brewery, The Choice Is Yours, Olives&Oils Delicatessen, Cheers Wine Merchants, Castell Howell, AU Vodka, Ancre Hill Estates Winery & many more.

Challenge 25

If you are lucky enough to look under 25 you will be asked to prove that you are aged 18 or over when you buy alcohol. If you are under 18 you are committing an offence if you attempt to buy alcohol.

Weights & Measures Act 1985

Gin, rum, vodka & whisky are offered for sale on these premises in quantities of 25ml and 50ml. Port, sherry & other fortified wines are offered for sale on these premises in quantities of 50ml.

All draught beer & cider is sold in quantities of half-pint and pint.

Wine By The Glass

In accordance with the revised legislation for capacity measures regulations, this establishment sells wine by the glass in quantities of 125ml, 175ml or 250ml.

Allergens

Some of our drinks may contain allergens and not all ingredients may be listed. If you have an allergy or a special dietary requirement please inform a member of the team and we will do all we can to accommodate.



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