

APPETISERS

OLIVES GF/✓	£4.00
<i>Pitted & grilled green olives with herbs, garlic & capia peppers</i>	
NUTS GF/✓	£4.00
<i>Cashew nuts drizzled with blossom honey & chilli</i>	

CROSTINI ✓	£4.00
<i>Olive oil wheat crackers tossed in rosemary & sea salt</i>	
PEPPERS GF	£4.50
<i>Sweet north african peppers stuffed with cream cheese</i>	

ON TOAST

AVOCADO ON TOAST GFA/DFA/✓	£9.00
<i>Sliced avocado, beetroot hummus, seeds & chilli served on toasted sourdough</i>	
SALMON ON TOAST GFA	£9.50
<i>Hot flaked salmon, whipped feta, roasted courgette & pesto served on toasted sourdough</i>	
CHICKEN CAESAR ON TOAST GFA/DFA	£10.00
<i>Shredded chicken, baby gem, Caesar dressing, pickled red onions & parmesan served on toasted sourdough</i>	

BAGUETTES

PERI MAYO CHICKEN GFA/DFA	£11.00
<i>Shredded chicken, roast peppers, peri mayo, mixed leaves, slaw & fries</i>	
BACON, BRIE & CRANBERRY GFA	£11.00
<i>Crispy bacon, melted brie, cranberry sauce, mixed leaves, slaw & fries</i>	
PRAWN COCKTAIL GFA/DFA	£11.00
<i>Baby prawns, Marie Rose sauce, baby gem lettuce, slaw & fries</i>	
FALAFEL GFA/✓	£11.00
<i>Sweet potato falafel, hummus, roast peppers, mixed leaves, slaw & fries</i>	

All of our bread products are baked at our in house bakery and delivered fresh daily

MAINS

ROAST RED PEPPER & TOMATO SOUP GFA/VOA	£7.50
<i>Served with warm bread & salted butter</i>	
GAMMON, EGG & CHIPS GFA/DFA	£15.50
<i>10oz gammon steak, fried eggs, pineapple salsa & fries</i>	
FISH & CHIPS GFA/DFA	£16.50
<i>Beer battered fish, homemade pea puree, tartare sauce & fries</i>	
STEAK FRITES GFA/DFA	£17.50
<i>7oz flat iron steak cooked pink or well done, served with peppercorn sauce, fries & side salad</i>	
SIRLOIN STEAK GFA/DFA	£25.50
<i>8oz sirloin steak cooked to your liking, served with peppercorn sauce, fries & side salad</i>	
STEAK PIE & CHIPS DFA	£14.50
<i>Overnight steak & ale pie, puff pastry, fries & side salad</i>	
GRILLED CHICKEN GFA/DFA	£16.50
<i>Skin on butterfly chicken breast with pineapple salsa, chilli mayo, raw slaw & fries</i>	
PAN FRIED SEA BASS DFA	£17.50
<i>Sea bass fillet, sautéed potatoes, tender stem broccoli, pak choi, mixed peppers & coconut curry sauce</i>	
MUSSEL & NDUJA LINGUINE DFA	£15.50
<i>Sautéed mussel meat & nduja in a red pepper, tomato & mascarpone sauce</i>	
GRILLED BUTTERNUT SQUASH GFA/✓	£14.50
<i>Grilled butternut squash, sautéed potatoes, tenderstem broccoli, pak choi, mixed peppers & coconut curry sauce</i>	

SMALL PLATES

PATATAS BRAVAS GFA/✓	£6.50
<i>Red pepper pesto</i>	
CALAMARI DF	£8.50
<i>Chilli mayo</i>	
YAKITORI CHICKEN SKEWERS DFA	£7.50
<i>Raw slaw, chilli mayo</i>	
PORK BELLY BITES DF	£8.00
<i>Teriyaki glaze</i>	
FRITTO MISTO DFA	£8.50
<i>Crispy fried cockles, mussels & prawns</i>	
MAPLE ROASTED CARROTS GFA/✓	£8.00
<i>Hummus</i>	
PADRON PEPPERS GF/✓	£7.00
<i>Rock salt</i>	

BURGERS

BEEF BURGER GFA/DFA	£14.90
<i>5oz beef burger, cheddar cheese, streaky bacon, baby gem lettuce, tomato, raw slaw & fries</i>	
CHICKEN PARMIGIANA BURGER GFA	£14.90
<i>Breaded chicken, melted mozzarella, pesto mayo, chilli jam, baby gem lettuce, tomato, raw slaw & fries</i>	
HALLOUMI BURGER GFA/🌱	£14.90
<i>Grilled Halloumi, chilli mayo, baby gem lettuce, tomato, raw slaw & fries</i>	

SIDES

FRIES RAW SLAW GARLIC BREAD PEPPERCORN SAUCE SIDE SALAD	£3.00
CHEESY GARLIC BREAD PARMESAN TRUFFLE FRIES SWEET POTATO FRIES SEASONAL GREENS	£4.00

Please notify our staff of any allergies

🌱 Vegetarian ✓ Vegan VOA Vegan option available GF Gluten free GFA Gluten free available DF Dairy free DFA Dairy free available

💳 **WE ARE CASHLESS** | Contactless & card payments only

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ALL
DAY
MENU



THE
SECRET
BEACH BAR & KITCHEN

