



THE
SECRET
BEACH BAR & KITCHEN

DRINKS

APPETISERS

OLIVES | GF, V | 4

MIXED PITTED OLIVES WITH
CHILLI & GARLIC

CORNICHONS | GF, V | 4

SWEET & CRUNCHY
CURED BABY GHERKINS

NUTS | GF, V | 4

CASHEW NUTS TOSSED IN
SEA SALT & BLACK PEPPER

CROSTINI | V | 4

OLIVE OIL WHEAT CRACKERS
TOSSED IN ROSEMARY & SEA SALT

PEPPERS | GF, O | 4.5

PEPPERABICA PEPPERS STUFFED WITH
FETA & MYZITHRA CHEESES

SPRITZ

APEROL | 8.5

APEROL, PROSECCO, SODA, ORANGE

VENETIAN | 8.5

SELECT APERITIVO, PROSECCO,
SODA, OLIVE

PAMPELLE | 8.5

PAMPELLE GRAPEFRUIT APERITIF,
PROSECCO, SODA, PINK GRAPEFRUIT

CAPRI | 8.5

LIMONCELLO DI CAPRI,
PROSECCO, SODA, LEMON

SBAGLIATO | 8.5

SWEET VERMOUTH, CAMPARI,
PROSECCO, ORANGE

PALOMA | 9

LOS ARCOS, AGAVE, LIME,
PINK GRAPEFRUIT SODA

TINTO DE VERANO | 8

RED WINE, LEMONADE, FRESH CITRUS

KALIMOXTO | 8

RED WINE, COLA, FRESH CITRUS

SANGRIA | 9

SWEET VERMOUTH, KUMQUAT
LIQUEUR, RED WINE, LEMONADE,
FRESH CITRUS

MIMOSA | 7

PROSECCO & FRESH ORANGE JUICE



COCKTAILS

KOKOMO JOE | 9.5

MIMOSA RWM ESPIRITU, FAIR CAFÉ LIQUEUR,
HOUSE ESPRESSO-INFUSED CAMPARI,
LEMON, PINEAPPLE



BEACH BUM | 9.5

DON Q CRISTAL RUM, LIME,
MANGO, GINGER BEER

GODDESS MARTINI | 9.5

WIDGES GIN, ELDERFLOWER LIQUEUR,
CUCUMBER, BASIL, LEMON



LE PÊCHE MODE | 9.5

ABA PISCO, RHUBARB LIQUEUR, PEACH LIQUEUR,
LIME, MS. BETTER'S MIRACULOUS FOAMER

HOLIDAY ROMANCE | 9.5

AU PINK LEMONADE, STRAWBERRY-INFUSED APEROL,
SODA, AGAVE, LEMON



EL CAPITÁN LOCO | 9.5

LOS ARCOS DESTILADO DE AGAVE, OJO DE
TIGRE MEZCAL, FAIR PASSIONFRUIT LIQUEUR,
HOT PEPPER BITTERS, AGAVE, LIME



In our efforts to become more sustainable, we only serve recyclable straws in the drinks that absolutely need it. Our mixed drinks are designed to be sipped without straws, but should you require one please ask your server.

MINDFUL COCKTAILS

LA DOLCE VITA | 6 ALC-FREE
MARTINI VIBRANTE, GRAPEFRUIT SHERBET, ROSE WATER, PINK GRAPEFRUIT SODA

RASPBERRY SPRITZ | 5.5 ALC-FREE
RASPBERRY SHRUB, LIME, CRANBERRY, LEMONADE

LIGHT & BREEZY | 6 ALC-FREE
CALEÑO DARK & SPICY, LIME, GINGER ALE



**The bad news is time flies.
The good news is
you're the pilot.**



- Michael Altshuler

MINDFUL CAPS & CANS

ASAHI 0.0% | ✓ | 0.0% | 330ml 4

CRODINO APERITIVO SPRITZ | ✓ | 0.0% | 175ml 5

DROP BEAR 'tropical ipa' | ✓, GLUTEN-FREE | 0.0% | 330ml 4

DROP BEAR 'yuzu pale ale' | ✓, GLUTEN-FREE | 0.0% | 330ml 4

HOGAN'S 'high sobriety' CIDER | ✓, GLUTEN-FREE | 1.0% | 500ml 5

LERVIG 'no worries' PALE ALE | ✓ | 0.0% | 330ml 4

PERONI 0.0% | ✓ | 0.0% | 330ml 4

BEER & CIDER

TAPS

PER HALF / PER PINT

ASAHI SUPER DRY PREMIUM LAGER | ✓ | 5.0% | 3.7 / 6.2

CORNISH ORCHARDS GOLDEN CIDER | ✓ | 5.0% | 3.2 / 5.7

KONA BREWING 'big wave' GOLDEN ALE | ✓ | 4.4% | 3.8 / 6.3

MEANTIME 'anytime' SESSION IPA | ✓ | 4.7% | 3.2 / 5.7

PERONI NASTRO AZZURRO PREMIUM LAGER | ✓ | 4.7% | 3.8 / 6.3

ROTATING TAP | ASK YOUR SERVER WHAT WE'RE POURING TODAY

CAPS & CANS

GOWER 'langland' LAGER | ✓ | 4.5% | 330ml 4.6

GOWER 'oxwich' IPA | ✓ | 5.0% | 330ml 4.6

LERVIG 'house party' SESSION IPA | ✓ | 4.0% | 330ml 4.8

PERONI 'capri' LAGER | ✓ | 4.2% | 330ml 4.8

PERONI GLUTEN FREE LAGER | ✓ | 5.0% | 330ml 4.8

TINY REBEL 'electric boogaloo' PASSIONFRUIT NEIPA | ✓ | 4.5% | 330ml 4.8

TINY REBEL 'five dollar shake' CREAMY CITRA IPA* | 4.5% | 330ml 4.8

ROTATING CAPS & CANS | ASK YOUR SERVER WHAT'S IN THE FRIDGE TODAY

CIDER

GOWER 'smugglers' | 4.8% | 500ml 5.6

REKORDERLIG MANGO-RASPBERRY | ✓ | 4.0% | 330ml 4.6

REKORDERLIG STRAWBERRY-LIME | ✓ | 4.0% | 330ml 4.6

REKORDERLIG WILD BERRIES | ✓ | 4.0% | 330ml 4.6

*Contains lactose

WHITE WINE

175ml / 250ml / BOTTLE

FAMILIA TRAVERSA 'viña salort' ALBARIÑO | 33
ALBARIÑO, CHARDONNAY | ✓ | CANELONES, URUGUAY

'running duck' CHENIN BLANC | 8.5 / 10 / 26
CHENIN BLANC | ✓, ORGANIC | WESTERN CAPE, SOUTH AFRICA

PRODUTTORI DEL GAVI 'il forte' GAVI | 35
CORTESE | ✓, ORGANIC | PIEDMONT, ITALY

MIRABELLO PINOT GRIGIO | 7 / 8.5 / 23
PINOT GRIGIO | ✓ | VENETO, ITALY

MALTAVERNE 'l'ammonite' POUILLY-FUMÉ | 46
SAUVIGNON BLANC | ✓ | LOIRE VALLEY, FRANCE

'beetle' RIESLING TROCKEN | 40
RIESLING | MOSEL, GERMANY

BODEGAS DEALTO 'gatito loco' RIOJA BLANCO | 35
VIURA, TEMPRANILLO BLANCO | ✓ | RIOJA, SPAIN

MATINAL SAUVIGNON BLANC | 7 / 8.5 / 23
SAUVIGNON BLANC | CENTRAL VALLEY, CHILE

SOUTHERN LIGHTS SAUVIGNON BLANC | 10.5 / 12 / 30
SAUVIGNON BLANC | ✓ | MARLBOROUGH, NEW ZEALAND

DIEZ SIGLOS 'ecológico' VERDEJO | 27
VERDEJO | ✓, ORGANIC, SUSTAINABLE | RUEDA, SPAIN

CANTINA MESA 'giunco' VERMENTINO DI SARDEGNA | 40
VERMENTINO | SARDINIA, ITALY

PRIMORDIAL SOUP WHITE | 6 / 7.5 / 21
BLEND | ✓ | WESTERN CAPE, SOUTH AFRICA



RED WINE

175ml / 250ml / BOTTLE

CHÂTEAU LA TUILERIE DU PUY 'bordeaux supérieur' | 37
CABERNET SAUVIGNON, MERLOT, CABERNET FRANC | BORDEAUX, FRANCE

KLEIN KASTEELBERG GRENACHE NOIR MOURVÈDRE | 32
GRENACHE NOIR, MOURVÈDRE | ✓, SUSTAINABLE | SWARTLAND, SOUTH AFRICA
(served lightly chilled)

DESPACITO MALBEC | 8.5 / 10 / 26
MALBEC | ✓ | RIVADAVIA, ARGENTINA

MATINAL MERLOT | 7 / 8.5 / 23
MERLOT, CARMENERE | ✓ | CENTRAL VALLEY, CHILE

CRAMELE RECAȘ 'solara' NATURAL RED | 34
MERLOT, CABERNET SAUVIGNON | ✓, ORGANIC | RECAȘ, ROMANIA

VILLA MARIA 'earth garden' PINOT NOIR | 41
PINOT NOIR | ORGANIC | MARLBOROUGH, NEW ZEALAND

BELLA MODELLA PRIMITIVO | 28
PRIMITIVO | PUGLIA, ITALY

PRIMORDIAL SOUP RED | 6 / 7.5 / 21
BLÉND | ✓ | WESTERN CAPE, SOUTH AFRICA

VEGA DEL RAYO RIOJA TEMPRANILLO | 8 / 9.5 / 25
TEMPRANILLO | ✓ | RIOJA, SPAIN

MARQUÉS DE RISCAL RIOJA RESERVA | 46
TEMPRANILLO, GRACIANO | ✓ | RIOJA, SPAIN

MINO + CO 'a grower's touch' SHIRAZ | 31
SYRAH | ✓ | NEW SOUTH WALES, AUSTRALIA

CASA DEFRA' 'cielo e terra' VALPOLICELLA RIPASSO | 41
CORVINA VERONESE | ✓ | VENEZIA, ITALY



ROSÉ & SKIN-CONTACT WINE

175ml / 250ml / BOTTLE

CRAMELE RECAȘ 'solara' ORANGE | 35

FETEASCA ALBA, SAUVIGNON BLANC, MYSTERY BLEND | V | RECAȘ, ROMANIA

MIRABELLO PINOT GRIGIO ROSÉ | 7 / 8.5 / 23

PINOT GRIGIO, BARBERA, PINOT NERO | V | LOMBARDY, ITALY

CÔTE DU DANUBE PINOT NOIR ROSÉ | 33

PINOT NOIR | V | ORYAHOVO, BULGARIA

CHÂTEAU PAS DU CERF 'dames nature' PROVENCE | 40

MOURVÈDRE, CINSAULT | ORGANIC, LOW SULPHUR | PROVENCE, FRANCE

WILDWOOD ZINFANDEL ROSÉ | 6.5 / 8 / 22

ZINFANDEL | CALIFORNIA, USA

MICHEL CHAPOUTIER 'marius' ROSÉ | 9 / 10.5 / 27

GRENACHE, CINSAULT, SYRAH | LANGUEDOC, FRANCE

SPARKLING WINE

TAITTINGER CHAMPAGNE BRUT RÉSERVE | 75

PINOT MEUNIER, CHARDONNAY, PINOT NOIR | V | CHAMPAGNE, FRANCE

CHÂTEAU MARTINOLLES CRÉMANT DE LIMOUX | 35

CHARDONNAY, CHENIN BLANC, PINOT NOIR, MAUZAC | V | LANGUEDOC, FRANCE

FERGHETTINA 'miledi' FRANCIACORTA BRUT | 55

CHARDONNAY | V, SUSTAINABLE | LOMBARDY, ITALY

ANCRE HILL ESTATES PÉTILLANT NATUREL RED | 40

TRIOMPHE | ORGANIC, BIO-DYNAMIC | MONMOUTHSHIRE, WALES

CÔTÉ MAS PIQUEPOUL FRISANT | 30

CHARDONNAY, PICPOUL | V | SOUTHERN FRANCE

IL CAGGIO PROSECCO | 6.5 GLS / 26 BTL

GLERA | VENETO, ITALY

PIERRE MIGNON BRUT ROSÉ CHAMPAGNE | 65

PINOT MEUNIER, CHARDONNAY, PINOT NOIR | V | CHAMPAGNE, FRANCE



SPIRITS

PRICED & SERVED AS A DOUBLE MEASURE AS STANDARD
STRAIGHT UP, ON THE ROCKS or ADD A MIXER OF YOUR CHOICE



MADE IN WALES

RUM

BARTI SPICED | 7.5
BULLION SPICED | 7.5
BULLION JAVA BANANA | 7.5
BULLION PASSIONFRUIT | 7.5
MIMOSA RWM ESPIRITU | 7.5

VODKA

AU ORIGINAL | 7
AU PINEAPPLE CRUSH | 7.5
AU PINK LEMONADE | 7.5
BRECON FIVE | 7.5

GIN

BRECON BOTANICALS | 7.5
GWYR | 8.5
HENSOL CASTLE BLOOD ORANGE | 7.5
HENSOL CASTLE STRAWBERRY & HIBISCUS | 7.5
IVY'S | 7.5

WHISKY

PENDERYN PORTWOOD | 8.5
PENDERYN RICH OAK | 8
-
MERLYN CREAM LIQUEUR | 5.5

AGAVE

LOS ARCOS | 7.5
OJO DE TIGRE MEZCAL | 8
VIVIR BLANCO | 8.5
VIVIR REPOSADO | 8.5
VIVIR CAFÉ | 7.5

VODKA

GREY GOOSE | 9
PORTOBELLO RD. VANILLA | 7.5

BRANDY

AVALLEN CALVADOS | 8
LOUIS ROYER VS COGNAC | 7.5
LOUIS ROYER VSOP COGNAC | 8.5
VECCHIA ROMAGNA BRANDY | 7

WHISKY

ABASOLO CORN | 8
JAMESON IRISH | 7
LOT 40 RYE | 7.5
OLD FORESTER BOURBON | 7
SPEARHEAD SINGLE GRAIN | 7.5

RUM

ALUNA COCONUT | 7.5
DISCARDED BANANA PEEL | 7.5
DON Q CRISTAL | 7
DON Q RESERVA 7 YEAR GOLD | 8
GOSLING'S BLACK SEAL | 7.5
MERMAID SPICED | 9
PLANTATION GRAN AÑEJO | 8
PLANTATION ISLE OF FIJI | 8
PLANTATION XO 20th ANN. | 8.5
WRAY & NEPHEW | 7.5

GIN

ESTIA OLIVE BRINE | 7.5
HENDRICK'S | 8
MALFY GIN ROSA | 7.5
MALFY CON LIMONE | 7.5
MERMAID | 9
MERMAID PINK | 9
MERMAID ZEST | 9
WIDGE'S | 7

HOT DRINKS

ESPRESSO

With our house espresso in collaboration with Coaltown

DOUBLE ESPRESSO | 3

LONG BLACK | 3.2

CAPPUCCINO | 3.5

FLAT WHITE | 3.5

LATTE | 3.5

MOCHA | 3.7

OTHER

HOT CHOCOLATE | 3.5

WHITE HOT CHOCOLATE | 3.5

DELUXE HOT CHOCOLATE | 4

GOLDEN TURMERIC LATTE | 4

MATCHA TEA LATTE | 4

MASALA CHAI LATTE | 4

DIRTY CHAI LATTE | 4.2

ADDITIONS

MAKE IT DECAF | +0.5

WHIPPED CREAM | +0.5

COCONUT MILK | +0.5

OAT MILK | +0.5

FLAVOURED SYRUP | +0.5

MARSHMALLOWS | +0.5

TEA

Served in a 10oz teapot

BREAKFAST | 3

DECAF | 3

SPECIALITY | 3

ICED

ICED COFFEE | 3.5

ICED MOCHA | 3.7

ICED TEA | 3.2

PASSIONFRUIT & LEMON /
WATERMELON / PEACH

ESPRESSO & TONIC | 4.5

AFFOGATO | 5



SOFT DRINKS

FRESH ORANGE JUICE | 4.2

FRUIT JUICE | 2.5 / 3.5

BIG TOM TOMATO JUICE | 3.0

PEPSI MAX, DIET PEPSI | 2.5 / 3.5

PEPSI | 2.6 / 3.7

DIET LEMONADE, ORANGE CRUSH | 2.5 / 3.5

ACQUA PANNA STILL WATER | 2.5 / 4.0

S. PELLEGRINO SPARKLING WATER | 2.5 / 4.0

PUNCHY NATURAL SOFT DRINKS | 3.5

BLOOD ORANGE with BITTERS & CARDAMOM

CUCUMBER with YUZU & ROSEMARY

PEACH with GINGER & CHAI

FRANKLIN & SONS SOFT DRINKS | 3.5

HEDGEROW ELDERFLOWER LEMONADE

PRESSED RASPBERRY LEMONADE

SPRING RHUBARB LEMONADE

RED BULL | 3.5

ORIGINAL

SUGAR FREE

TROPICAL

FRANKLIN & SONS MIXERS | 2.5

PREMIUM INDIAN TONIC WATER

PREMIUM LIGHT TONIC WATER

ORIGINAL MALLORCAN TONIC WATER

SICILIAN LEMON TONIC WATER

ORIGINAL GINGER ALE

BREWED GINGER BEER

JOOSSED FRUITY WATER FOR CHILDREN | 2.5

BLACKCURRANT & APPLE



CYMRU AM BYTH

We work hard to source the finest products & ingredients from across South Wales. We are proud to support fellow artisan suppliers and independent businesses, including Coaltown Coffee Roasters, Penderyn Distillery, Tiny Rebel Brewery, The Choice is Yours, Gower Brewery, Olives&Oils Delicatessen, Cheers Wine Merchants, AU Vodka, Ancre Hill Estates Winery, Howell's Butchers and many more.

Weights & Measures Act 1985

Gin, rum, vodka & whisky are offered for sale on these premises in quantities of 25ml or 50ml.

All draught beer & cider is sold in quantities of half-pint or pint.

Wine By The Glass

In accordance with the revised legislation for capacity measures regulations, this establishment sells wine by the glass in quantities of 125ml, 175ml or 250ml.

Allergens

Some of our drinks may contain allergens and not all ingredients may be listed. If you have an allergy or special dietary requirement please inform a member of the team.

