

Served til 12pm

Breakfast

- Secret Breakfast** GFA/DFA

Pork & leek sausage, streaky bacon, egg your way, field mushroom, vine-on tomatoes, hash brown, pot of beans & toast

9
- Garden Breakfast** GFA ✓

Sliced avocado, beetroot hummus, field mushroom, vine on tomato, veggie sausage, hash brown, pot of beans & toast

9
- Welsh Breakfast** GFA/DFA

Laverbread sausage, streaky bacon, cockles, eggs your way, field mushroom, vine-on tomatoes, hash brown, pot of beans & toast

9.5
- Huevos Rancheros** GFA ✓

Tomato, red pepper & chickpea ragu, sliced avocado, fried egg, sweetcorn salsa & crumbled feta served on charred sourdough

8.9

- Eggs on Toast** GFA/DFA

Poached, scrambled or fried on sourdough

6
- Sausage Brioche** GFA/DFA

Pork & leek or veggie sausage served in a brioche bun

5.5
- Bacon Brioche** GFA

Stacked streaky bacon served in a brioche bun

5.5
- Granola Bowl** GFA ✓

Caramelised banana, winter berries, granola & Greek yoghurt

6.5
- Toast** GFA/DFA

Fresh sourdough served with Welsh butter & jam

3
- Teacake**

Served with Welsh butter & jam

3.5



Brunch

Served til 12pm

EGGS BENNY

- Poached eggs, hollandaise sauce, served on a toasted muffin GFA/DFA

Classic

Served with smoked salmon or bacon

8.9

Chicken

Buttermilk chicken tenders

8.9

Fish

Beer battered fish goujons

8.9

Belly Pork

Chargrilled glazed belly pork

9.9

- Avocado on Toast** 🌱

Sliced avocado, beetroot hummus, seeds & chilli

8
- Smoked Salmon on Toast** GFA

Hot flaked salmon, roast courgette, pine nuts and cream cheese

8
- Welsh Rarebit on Toast** GFA/DFA

Welsh rarebit, bacon & cherry tomatoes

8
- Steak on Toast** GFA/DFA

Flat iron steak served pink, horseradish mayo, sauteed wild mushrooms & parmesan

10.9

ADD Bacon | Sausage | Hash Browns | Eggs | Beans 3 each Salmon | Halloumi | Avocado 4 each

BAGUETTES

Served all day

- Peri Mayo Chicken** GFA/DFA

Shredded chicken, roast peppers, peri mayo & mixed leaves

8.5
- Bacon, Welsh Brie & Cranberry Jam**

Smoked bacon, Perl Wen, cranberry jam & mixed leaves

7.5
- Falafel** GFA ✓

Spiced falafel, curried hummus, sweetcorn salsa & mixed leaves

7
- Fish Finger** GFA/DFA

Fish goujons, homemade tartare sauce, iceberg lettuce

7.5

SIDES Fries | Garlic Bread | Raw Slaw | Garden Salad 3 each Cheesy Garlic Bread | Parmesan Fries 4 each

THE SECRET
BEACH BAR & KITCHEN



2 courses £17.95
3 courses £21.95

Starters

- SOUP OF THE DAY** ✓

Please ask a member of staff
- ROAST VEGETABLE BRUSCHETTA** 🌱

Roast veg, spiced hummus, pomegranate molasses served on chargrilled sourdough
- CHICKEN SKEWERS**

Spiced chicken, grilled peppers & harissa mayo
- CALAMARI**

Crispy salt and pepper squid & garlic mayo

MAINS

- BEEF 14.9**

Beef striploin served pink, roast potatoes, root veg mash, chantenay carrots, red cabbage, greens, homemade stuffing, yorkshire pudding & red wine gravy
- CHICKEN 13.9**

Skin on chicken breast, roast potatoes, root veg mash, chantenay carrots, red cabbage, greens, homemade stuffing, yorkshire pudding & red wine gravy
- BUTTERNUT SQUASH 13.9**

Roast butternut squash, roast potatoes, root veg mash, chantenay carrots, red cabbage, greens, homemade stuffing, yorkshire pudding & vegetarian gravy

- Winter Veg Salad** VOA/DFA 8

Roasted root vegetables, spiced hummus, salad, pickled red onion, cranberry & crumbled feta
- BEER BATTERED FISH & CHIPS 13.5**

Served with homemade pea puree, fries & tartare sauce
- BACON & RAREBIT BURGER 12.9**

Welsh beef burger topped with bacon & welsh rarebit, tomato, baby gem, lettuce, raw slaw & fries
- HALLOUMI BURGER** 🌱 12.9

Jerk spiced halloumi, baby gem, tomato, raw slaw & fries

SIDES CAULIFLOWER CHEESE | PIGS IN BLANKET | RED CABBAGE | ROASTIES | VEG each 3

DESSERTS

- Berry Crumble** 🌱/DFO 5.5

Winter berry crumble served with vanilla ice cream
- The Secret Sticky Toffee Pudding** 5.9

Served with Mario's salted caramel ice cream & our secret recipe toffee sauce
- Homemade Cheesecake** 6.5

White chocolate orange cheesecake served with caramelised white chocolate
- Mandarin Sorbet** ✓ 5.5

Served with a winter berries compote

🌱 | vegetarian ✓ | vegan GFA | Most dishes are available gluten free, please ask your server for more details

Please notify our staff of any allergies 🌐 | www.thesecretswansea.co.uk f | @TheSecretSwansea 📷 | Secret_Swansea

